

03/26/2021 - Telemedicine in Novant Health Neurology And Sleep (Randolph) (continued)**Medication List (continued)****diphenhydramine (BANOPHEN) 25 mg tablet**

Instructions: Take 25 mg by mouth every 6 (six) hours as needed for Itching.

Entered by: Lindsay E Lindsey, CMA

Entered on: 3/26/2021

Stopped in Visit**paliperidone (INVEGA) 6 MG 24 hr tablet**

Discontinued by: Meredith Snapp, MD

Discontinued on: 3/26/2021

Reason for discontinuation: Therapy completed

Clinical Notes Amb**Progress Notes****Meredith Snapp, MD at 3/26/2021 1114**

Author: Meredith Snapp, MD

Service: —

Author Type: Physician

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Editor: Meredith Snapp, MD (Physician)

Sensitive Note

Video Visit Note

I performed this clinical encounter by utilizing a real time telehealth video connection between my location and the patient's location. The patient's location was confirmed during this visit. I obtained verbal consent from the patient to perform this clinical encounter utilizing video and prepared the patient by answering any questions they had about the telehealth interaction.

This was a video visit performed during the COVID-19 pandemic.

NOVANT HEALTH NEUROLOGY AND SLEEP SPECIALISTS**1918 Randolph Rd Suite 400 Charlotte NC 28207****Impression**

1. Cognitive/mood complaints in the setting of multiple active psychiatric disorders including Bipolar disorder, PTSD, ADD, Delusional Disorder, Autism. Differential includes schizophrenia, Adderall induced psychosis.

Plan

- Brain MRI with and without contrast. He requests brain imaging to document "traumatic brain damage" related to PTSD (no prior traumatic brain injury). I advised that brain imaging abnormalities are not required nor expected for PTSD diagnosis, but it is reasonable as a test to rule out organic brain disease, such as brain tumor or inflammatory/demyelinating disease, in setting of psychiatric instability.
- If Brain MRI is normal, then no further neuro work up is needed at this time.
- Encouraged that he continue to close work with psychiatry and psychology for diagnosis and treatment.

We discussed the potential side effects, risks and benefits of these and other evaluation/treatment options, and the patient/family expressed understanding. The patient/family will contact us with any questions regarding side effects or other concerns, and seek emergent attention for any acute medical or neurological decline.

Documentation for time-based billing: Total time spent of date of service was 60 minutes. Patient care activities included preparing to see the patient such as reviewing the patient record, obtaining and/or reviewing separately obtained history, performing a medically appropriate history and physical examination, counseling and educating the