



AH BH Charlotte OMS Medication

501 Billingsley Rd

Charlotte, NC 28211-

Admit Date: 6/9/2020 17:00 EDT
Disch Date: 6/9/2020 23:59 EDT
Admitting: PENISTON ,KATHLEEN KELLY NP
Attending: MURRAY ,PHILLIP MICHAEL MD
Printed: 3/5/2021 14:02 EST

Pt Name: WILLIAMS III, LEONARD CLINTON
MRN: 0000642066 Acct#: 6454918570
DOB: 11/1/1980 Age: 39 years Sex: Male
Location: HOMS
Print ID: 445014486

Office/Clinic Visit Notes

DOCUMENT NAME:

**WILLIAMS III, LEONARD
CLINTON**

DOB: 11/01/1980 **MRN:** 0000642066
Sex: Male **FIN:** 6454918570

Patient Information:

Provider licensed to provide medical care in the location/state of patient: Yes

History of Present Illness

Patient is a 39 year old male with diagnoses of Bipolar D/O, PTSD and ADD.
Last visit: 4/29/20. Meds: Zyprexa, Celexa, and Adderall.

- Patient reports overall he is feeling better and attributes this improvement to his case was successful with Discovery CC.
- He is going through the process of applying for disability which is also very stressful and he is struggling to complete the process.
- He describes waves of being overtaken by traumatic feelings that paralyze him and make it difficult to function.
- he reports that he called because he would like to have an increase in his Adderall as "it is the only thing that helps".
- Discussed reasons why this would not be a good long term strategy including any lack indication for Adderall in PTSD.
- The patient is very talkative and speech is rapid. I am able to get all needed questions answered and he answers appropriately.
- He reports good sleep. Appetite is regular and energy level is unchanged. He states his concentration remains poor especially when stressed.
- He reports that he is able to complete ADLs and take care of his home even though it is a struggle at times. Mom is financially supportive.
- No SI/HI/Psychosis. Patient denies any ETOH or drug use. Has not seen PCP regular. Does still speak with therapist (john) by phone.

Review of Systems

Constitutional: Negative for chills, fever, and flushing
Musculoskeletal: Negative except as documented in HPI.
Neurologic: Negative for abnormal balance, confusion, headache, or tremors.
Psychiatric: Negative except as documented in HPI.
ROS reviewed as documented in chart

Exam

Psychiatric:

Attention and Concentration: Normal, patient is able to follow and interact through interview.
Orientation: Oriented x4.
Fund of Knowledge: Average
Recent & Remote Memory: Normal
Insight: Fair
Judgment: Fair
Mood and Affect: Anxious, intense. Affect congruent (per phone call)
Thought Process: Ruminative.
Associations: Intact
Thought Content: Denies any homicidal ideation. Denies suicidal ideation.
Perceptions: Denies any auditory or visual hallucinations. Denies any symptoms of paranoia.
Language: Normal
Speech: Rapid

Problem List/Past Medical History

Ongoing

None

Historical

Obesity

Obesity

Medications

Adderall XR 20 mg oral capsule, extended release,
See Instructions
Adderall XR 20 mg oral capsule, extended release,
See Instructions
Adderall XR 20 mg oral capsule, extended release,
See Instructions
citalopram 20 mg oral tablet, 20 mg, 1 tablet,
ORAL, Daily, 2 refills
Goodys Extra Strength, See Instructions
metFORMIN, 500 mg, **Not taking**
Misc Medication
ZYPREXA 5 mg oral tablet, See Instructions, 2
refills

Allergies

No known allergies

Social History

Abuse/Neglect

History of Abuse: Past. Abuse Type: Mental,
Sexual. Comments: Sexual abuse by MGM,
emotional abuse by step-father.

Alcohol

Denies

Drug Abuse

Denies

Employment/School

Highest Education: College graduate.

Frelance graffit art

Home/Environment

Marital Status: Single. lives in an apartment by
himself

Nutrition/Health

Home Diet: Diabetic.

Tobacco

Smokeless Tobacco Use: Never. Never smoker,
0 Yrs Smoker. 0 Avg # Packs Per Day.

Vape/E-Cigarette

Use: Never.

Family History

Cancer: Father, GF, Paternal, GM, Maternal and
GM, Paternal.
Coronary artery disease (CAD): Negative: Mother,
Father, Sister, Brother, GF, Maternal, GF,

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Office/Clinic Visit Notes

Assessment/Plan

ADD (attention deficit disorder)

Ordered:

Est OV Level 4 - 99214

Follow-Up Appt

Bipolar disorder

Ordered:

Est OV Level 4 - 99214

Follow-Up Appt

Paternal, GM, Maternal, GM, Paternal and Grandparent.

Diabetes mellitus: Negative: Mother, Father, Sister, Brother, GF, Maternal, GF, Paternal, GM, Maternal, GM, Paternal and Grandparent.

HYPERTENSION: GM, Maternal.

1) Medication: Explained that patient has a buffer to take one or two extra Adderall if needed (based on fill dates) but I am not comfortable with increasing daily dose of this medication. Gave multiple reasons and explained that he is welcome to seek another opinion if he would like.

- Continue Zyprexa and Celexa

2) Therapy - Patient talks to counselor John by phone

3) Labwork Ordered - Not indicated

4) SA Treatment - Not indicated

5) RTC in 1-2 month for further evaluation of medication.

6) Patient was provided with education regarding medication and treatment plan.

7) Patient is aware of emergency services availability including Psychiatric ED and Mobile Crisis.

8) Patient is fully aware to contact OMS for any changes in symptoms, medication adjustments, development of side effects, or if in crisis.

Patient Education

Patient counseled on risks/benefits of current medication regimen and diagnosis, as well as the importance of consistently taking medications as prescribed.

Patient counseled on the usefulness of therapy in conjunction with medications to help with symptoms.

Patient was also counseled on sleep hygiene techniques and the importance of physical activity in health and wellness.

Consent:

- Patient's identity was confirmed.
- Medical condition or illness was discussed with the patient/personal representative.
- Current proposed treatment for medical condition or illness was explained to patient/personal representative along with the likely benefits, significant risks and complications associated with the treatment.
- The patient/personal representative verbally authorized treatment to be provided by telephone, which may include a limited review of patient's current health status, medication or other treatment recommendations, patient education and an opportunity to ask questions about condition and treatment.

Verbal Consent Granted: select one

Time spent in coordination of care and phone time: A total of 60 minutes was spent in review of pertinent medical records, evaluation of the patient

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Age: 39 years

Sex: Male

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Office/Clinic Visit Notes

problem, and coordination of a care plan as part of this phone visit.45 minutes was spent on the phone portion of visit.

Electronically Signed By: PENISTON, KATHLEEN KELLY NP
06/09/2020 06:22 PM

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Medication Compliance Status

Admission Medication Reconciliation

Med Name

acetaminophen/aspirin/caffeine (Goodys Extra Strength)

Display Line See Instructions, 1 packet as needed, 0, 11/03/11 16:02:00 EDT

Compliance Status: **Compliance Comments:**

Still taking, as prescribed

OLANzapine (ZyPREXA 5 mg oral tablet)

Display Line 5 mg per 1 tablet, ORAL, BID (2 times a day), 60 tablet, 1, 1, 02/15/21 12:56:00 EST

Compliance Status: **Compliance Comments:**

dextroamphetamine-amphetamine (Adderall XR 20 mg oral capsule, extended release)

Display Line 40 mg per 2 capsule, ORAL, qAM (every morning), 60 capsule, 0, 0, 02/15/21 12:56:00 EST

Compliance Status: **Compliance Comments:**

metFORMIN (metFORMIN)

Display Line 500 mg per, daily, 0, 04/15/16 15:22:00 EDT

Compliance Status: **Compliance Comments:**

Not taking

misc medication (Misc Medication)

Display Line 5 hour energy shots prn, 0, 04/29/20 9:24:00 EDT

Compliance Status: **Compliance Comments:**

Still taking, as prescribed

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Electronic Orders

The current National Provider Identifier value is displayed with the ordering physician

Order: Est OV Level 4 -99214		
Ordering Physician: PENISTON ,KATHLEEN KELLY NP (National Provider Identifier: 1346260254)		
Electronically Signed By: PENISTON ,KATHLEEN KELLY NP		
Order Details: 6/9/20 5:57:00 PM EDT VVI, ADD (attention deficit disorder) Bipolar disorder		
Order Comment:		
Action Type: Order	Action Date/Time: 6/9/2020 17:58 EDT	Entered By: PENISTON ,KATHLEEN KELLY NP
Ordering Provider: PENISTON ,KATHLEEN KELLY NP	Supervising Provider: CASTRO ,MANUEL A MD	
Order Details: 06/09/20 17:57:00 EDT VVI, Bipolar disorder ADD (attention deficit disorder)		
Review Information:		
Doctor Cosign: Not Required		

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Discharge Information - Patient Education

DOCUMENT NAME:

Amb Depart Summary

Amb Depart Summary



Patient Visit Summary

Name: WILLIAMS III, LEONARD CLINTON	MRN: 0000642066	DOB: 11/1/1980
Phone: (980) 613-2196	Age: 39 Years	Gender: Male
Primary Care Provider:	Race: White	Ethnicity: Not Hispanic or Latino
Preferred Language: English	Allergies: No known allergies	
Visit Date: 06/09/2020		

Atrium Health thanks you for allowing us to assist you with your healthcare needs. The following includes patient education materials and some information regarding your health. Information from today's visit may be missing or incomplete if your Atrium Health facility/provider has yet to transition to all aspects of the electronic medical record. Should you have any questions or concerns regarding your visit, please contact your physician or healthcare provider at your convenience.

Your regular doctor is:MURRAY , PHILLIP MICHAEL MD

Your doctor or location today:PENISTON , KATHLEEN KELLY NP

Reason for Visit:

Today's Diagnosis:ADD (attention deficit disorder); Bipolar disorder

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Discharge Information - Patient Education

Today's Clinical Information:

Height:
Weight:
BMI:
Blood Pressure: /

Additional Information:

Problem List:

No Problems
found

Recorded at this visit:

Procedures

No Procedures documented

Medications and Immunizations Administered During This Visit

No medication administered during this visit

Orders this Visit

No visit orders documented

Completed Information:

Laboratory and Radiology this Visit (last charted value for your 06/09/2020 visit)

No Laboratory and Radiology documented

My Medicine List

	New Medicines to take at Home	Prescription	Next Dose Due
1.	dextroamphetamine-amphetamine (Adderall XR 20 mg oral capsule, extended release) See Instructions 2 capsules each am	Sent to Atrium Health Pharmacy Billingsley 501 Billingsley Rd Charlotte, NC, 28211-1009	

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Discharge Information - Patient Education

Phone: (704)358-2860

Continue Taking These Medicines at Home		Next Dose Due
1.	APAP/ASA/caffeine (Goodys Extra Strength) See Instructions 1 packet as needed	
2.	citalopram (citalopram 20 mg oral tablet) 1 tablet by mouth every day	
3.	dextroamphetamine-amphetamine (Adderall XR 20 mg oral capsule, extended release) See Instructions 2 capsules each am	
4.	dextroamphetamine-amphetamine (Adderall XR 20 mg oral capsule, extended release) See Instructions 2 capsules each am	
5.	metFORMIN (metFORMIN) 500 mg daily	
6.	misc medication (Misc Medication) 5 hour energy shots prn	
7.	OLANzapine (ZyPREXA 5 mg oral tablet) See Instructions 1-2 tablets at bedtime	

*This is a list of current information in your Atrium Health medical record. It may include information from your visits to other offices or medications you told us were prescribed by other physicians or health care providers. If you have questions about this information, please contact your physician or health care provider.

Reminders:

1. If you have questions about your medicines, please ask your Doctor or a pharmacist.
2. Please bring your medicine list and pill bottles to **all** Doctor visits, medical testing, or if you are going to the ER or Hospital.
3. Remember to discard old medicine lists and update any records.

Follow-Up

Appointments You Need to Make

Appointments You Already Have

You will get a text message or phone call with appointments already made for you. If you do not receive a text message or phone call, please call the doctor's office listed.

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Patient Safety Information

Call 911 for All Emergencies

Quit Smoking or Tobacco Use

For more information, call **1-800-784-8669**

Poison Control Center:

A poison can be anything if it is used in the wrong way, amount, or by the wrong person. Poisons can include household cleaning products, plants, and medicines. Snake and spider bites are also poisons. Nurses, pharmacists, or doctors answer your questions. For help, call the poison control center at **1-800-222-1222**.

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

National Domestic Violence Hotline 1-800-799-SAFE

National Human Trafficking Hotline 1-888-373-7888

Substance Abuse and Mental Health Services Administration (SAMHSA) 1-800-662-HELP (4357)

Patient Online Access:

Atrium Health now offers MyAtriumHealth. It provides easy and secure online access to your health information. With MyAtriumHealth, you can:

- Send a message to your doctor
 - Look at your health record, medications and health videos
 - View lab and other test results
 - Pay your bill

These are just some of the things you can do with MyAtriumHealth. For more information and to get started, visit **<https://my.atriumhealth.org>** Choose **Enroll Online**.

Non-Discrimination Policy Statement

Atrium Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-821-1535.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-821-1535

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Discharge Information - Patient Education

DOCUMENT NAME:

Patient Education

Patient Education



Patient Education Materials

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Discharge Information - Patient Education

DOCUMENT NAME:

Education/Pt. Response Form - Text

Education/Pt. Response Entered On: 6/9/2020 17:57 EDT
Performed On: 6/9/2020 17:57 EDT by PENISTON , KATHLEEN KELLY NP

Response to Education

Response to Teaching : Attentive and verbalizes understanding

PENISTON , KATHLEEN KELLY NP - 6/9/2020 17:57 EDT

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Allergy History

Substance **No known allergies**

Recorded Date/Time

11/3/2011 16:19 EDT

Allergy Type Allergy; **Recorded On Behalf Of** FERRARO,NICHOLAS P RN; **Reaction Status** Active; **Reviewed Date/Time** 6/9/2020 16:36 EDT; **Reviewed By** PENISTON , KATHLEEN KELLY NP;

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