

8/15/2019 Appointment

On the **8/15/2019** appointment, the first thing I want to do, before I even sit down, is to look at the notes from my **6/24/2019** appointment. As soon as I walk through the door, I am very anxious to see these notes, and I ask Kathy to pull them up. After looking at the notes, I sit down.

This appointment is very brief, and consisted mostly of me talking fast and narrating what has occurred and my symptoms. At one point, I bring up the suspect behavior coming from the finance department. I talk about illegal attempts to get my healthcare records through the finance department. In speaking about the illegal attempts to get my healthcare records, I am very casual and use the same rhythm, cadence, and tone in my speech that I use to describe the rest of what has occurred. During this appointment, I am calmer than I had been in the 2 appointments preceding this. I was calmed when I saw that some things that I had discussed with Kathy were nowhere to be found on the **6/24/2019** notes. I had thought that Jenny had somehow gotten a screenshot to my notes or otherwise accessed them, and that she had saw some things that I had told Kathy.