

2/4/2020 Appointment

On the **2/4/2020** appointment, I tell Kathy how sometimes when I am in my bed, I will be hit with traumatic stress symptoms where I crave my last breath, as an addict craves a drug. I tell her how I can sense the relief that death would give me. I describe to her, and demonstrate, how that during my traumatic stress episodes, I will have a physiological reaction where my upper torso, neck, and head are thrown back. I tell her how I pace the floors for almost the entirety of every day. At one point, believe it was towards the beginning of the appointment, Kathy asks questions about what had occurred that caused my PTSD symptoms. As I describe them to her, I begin to cry, shake, and become extremely distressed. I had visible physiological shaking and other physiological signs of distress. In the way I would describe it "I was destroyed" when I talked about what had occurred.

Preceding the **2/4/2020** appointment, I had sent several emails outlining my symptoms and also describing Wells Fargo's crimes and Atrium's crimes.