

**Emails With Atrium Health For 1/29/2020 to 2/3/2020**

**Leonard: 01/29/2020 06:01 a.m. EST**

Hi Kathy ET AL (I am sending the same message to multiple practitioners as I do not know who is on/off today and I need help ASAP) I need a nurse to call me at the earliest time possible today. Please also see the attached document.

**Attachment(s): 1/29/2020 07:05 EST leonardWilliamsRequest.pdf**

**Kathy: 1/29/2020 08:48:53 EST**

Hi Leonard;

Am I understanding my nurse correctly that you are requesting an early refill on Adderall? I am just verifying with you directly because I also received your attached letter and I was unsure who it was meant for as it did not have any names. It sounds like you are struggling and I would like to see you to discuss further what we can do to help you best at this time.

Kathy Peniston

**Leonard: 01/29/2020 10:45 a.m. EST**

1:

I had attached it and it had my name. I don't know why it would not have it on my end. I am struggling but I have help outside of Atrium for this issues. I am seeing my old psychologist who works for the DOC and is helping me with other matters.

I need an early refill on adderal. I have been taking extra capsules and have only 4 left. I take extra capsules because they help with my attention problems, which have been exacerbated to an extreme degree as a result of this PTSD. part 2 to come

**Leonard: 01/29/2020 10:48 a.m. EST**

part 2:

I am disabled and have to fill out paperwork for my bankruptcy. That is what has triggered the taking extra capsules. I am so disabled that even filling out simple paperwork is an extremely hard task for me, due to extremely low tolerance for frustration and extremely low concentration.

This is 100% attributable to my PTSD, which is worsening. I have grave concerns about the security of my health information in regards to Atrium Health. part 3 to come

**Leonard: 01/29/2020 10:53 a.m. EST**

part 3:

This is why I have sought help outside of Atrium. I believe that my former employer (or some other party) has made attempts to compromise my privacy within Atrium Health (as it has in other areas of my life) and that Atrium Health may have been taken off guard and unprepared. I believe this because numbers which I have never known in my life popping up as alternate contact numbers in depts which wish to obtain my medical records. Part 4 to come:

**Leonard: 01/29/2020 10:55 a.m. EST**

Part 4:

I am scurrying and requesting documentation to find out where and how the hell this number has been entered into your systems, and thus far everything points to foul play. I am going to contact corporate privacy early next week to discuss how to handle this further, unless I can find some plausible reason I could have provided a number which I do not know. I may move my healthcare outside of atrium health following this. Part 5 to come

**Leonard: 01/29/2020 10:59 a.m. EST**

Part 5:

This all ties back to an involuntary commitment process that occurred on 4/21/2019, for which the scope of foul play gets wider each time I look at it. This was after a dispute with a former employee of Wells Fargo Bank erupted into a knowingly false pretense involuntary petition being filed and processed (extremely poorly and with gross negligence, at best) by Atrium Health. Part 6 to come

**Leonard: 01/29/2020 11:01 a.m. EST**

Part 6

I have been in contact with the F.B.I. over the previous week and have reported the officer who processed the involuntary commitment, which was done in violation of the due process I am entitled and constituted an unlawful trespass, false imprisonment, and kidnapping by the officer, by entering my premises against my wishes, placing me in handcuffs, then putting me in his patrol car and transporting me to your inpatient unit... part 7 to come

**Leonard: 01/29/2020 11:06 a.m. EST**

Part 7:

I will be contacting the Charlotte Mecklenburg police in coming weeks, but steps are being taken to ensure that appropriate intervention outside of the healthcare network in Charlotte, N.C. will occur, and any and all civil commitment petitioners filing paperwork involving me will be reported to the F.B.I.

I am also compiling a complaint to numerous federal authorities with regulatory authority and/or criminal jurisdiction over Wells Fargo's ongoing unlawful behavior. part 8 next

**Leonard: 01/29/2020 11:12 a.m. EST**

Part 8:

Every asset I have will be sold if I do not complete this paperwork today, and I will not be able to visit. My mental health condition is otherwise stable, meaning no symptoms of Bipolar Type I or II are present. I do not have any intent for self-harm or harm to others, and I do not have firearms, narcotics, or the intent and capacity to obtain firearms or narcotics of any kind. Part 9 to come.

**Leonard: 01/29/2020 11:15 a.m. EST**

Part 9:

It would be maximally beneficial for me, if at all possible, to get refills for all 3 of my psychiatric prescriptions today, and to cancel the appointment in February.

I am hijacked by trauma each and every day and am best suited to reside in my residence. I also use a cab or any long trips, which I incur a cost.

I would ask that Atrium Health not disclose any details I have shared with outside parties (even if nothing to do with my healthcare) part 10 to come.

**Leonard: 01/29/2020 11:20 a.m. EST**

Part 10:

This is my right, as I understand it, and you may also unknowingly expose yourself to a liability for interfering with any currently in process or future federal investigation that is taking or does take place. There are matters which I not at liberty to disclose as well.

**Leonard: 01/29/2020 11:24 a.m. EST**

Penultimate

I have compiled large amounts of evidence of the criminal behavior and civil law violations of Wells Fargo and have shared it with multiple interested third parties. As I prepare my complaint it will be forwarded to others.

**Leonard: 01/29/2020 11:32 a.m. EST**

Final:

I ask that any and all employees of Atrium Health with access to my information be notified that I have strong reason to believe that current and former employees of WFB have tried and are trying to obtain information unlawfully, and that they communicate using third party messaging applications, falsely believing this enables them to hide their activities. I believe that having them alert to this will prevent any future compromising of my information.

**Leonard: 01/29/2020 12:44 p.m. EST**

I need an answer on either if the refills are going to be issued or what you need to issue them. I can have my psychologist call you if that is necessary. The delay (which may be within your allowed time frames) is causing me distress

**Kathy: 1/29/2020 13:09:04 EST**

I am happy to reach out to your psychologist. I believe you sent over a release that allows us to contact him by phone. I have John [REDACTED]. I will call him when I have a break in my schedule.  
Kathy

**Leonard: 01/29/2020 01:31 p.m. EST**

Yes, that is correct. Please have an answer as early as is possible. He can attest to the facts I have relayed to you. I spoke with him last just a few days ago. It is becoming clearer and clearer that your hospital has done me wrong. I ask that you help me all you can. It is possible to work things out with you and I, not so with my former employer. The person who will be listened to is me, when all is said and done. We will sort it out when all is brought to light.

**Leonard: 01/29/2020 01:45 p.m. EST**

I just messaged him. He says you already called. I did not give him your name, only him yours. He knows who you are going forward.

**Attachment(s):**  
**2/3/2020 08:04 EST In regards to the Adderall.docx**

**Kathy: 1/29/2020 15:28:48 EST**

Leonard;  
I did speak with John earlier. He had no opinion on your medication but did reiterate your concerns. I staffed your case with our Medical Director as I was concerned about the overuse of Adderall as well as the multiple messages left for me today that showed you were in some distress. We both agreed that it is not clinically appropriate for me to give you an early refill on Adderall. I am glad to see you for your follow-up appointment if you desire to continue getting care through our facility. If you need immediate assistance, please come to the ED.  
Kathy

**Leonard: 01/31/2020 02:41 p.m. EST**

"He had no opinion on your medication"  
This is what he said to me-

I recommended that they advance an appropriate amount as I told you.

I am not sure how taking adderall for severe symptoms of PTSD constitutes abuse.  
I am going to confirm our appointment for 1/4/2020, but I am unsure if I will use this hospital going forward, as you show no signs of contrition for the criminal behavior that precludes me from feeling safe getting care from you until addressed.

**Kathy: 1/31/2020 15:31:24 EST**

Leonard;

I am sorry for your experience and that I am not meeting your needs at this time. John actually had little to say about how I should provide you care and indicated that you had contacted him in a consultant role regarding the INVOL incident you told me about previously. I do not recall him telling me how to prescribe your medicine.

Adderall has no indication for PTSD and as a controlled substance, we take it quite seriously if someone takes more than is prescribed. It is a matter of patient safety. We would not write for a certain dose and amount if that is not how we thought it should be taken. I do not recommend a higher dose and am concerned it actually is making your PTSD symptoms worse.

In addition, abusive language and threats directed toward anyone on my staff and/or within our facility will not be tolerated and are grounds for dismissal from our clinic. I have received several reports that you have engaged in such behavior.

If you feel we are not able to provide you the service you desire or you are unable to follow our policies and be respectful of our staff, it is always within your right to get care elsewhere.

Kathy Peniston, NP

**Leonard: 02/03/2020 05:16 a.m. EST**

Hi Kathy,

See the attached. Please forward it to the cc'ed people whom I am unable to see on this reply. I have never made one single threat of physical or emotional harm, or to harm the property of your staff, ever. The letter I sent several days ago was to inform you of symptoms of my PTSD which your staff may need to be prepared for. Any staff member who has said that I have threatened them with harm (other than legal consequences for unlawful conduct ) needs to be disciplined internally.

**Kathy: 2/3/2020 11:30:57 EST**

Hi Leonard;

I read your letter in its entirety. I understand this is quite difficult for you and your symptoms can cause agitation. I do deal with many patients that have difficulty controlling their anger and have lashed out toward me and my staff. It is always my belief that my staff deserves to be treated respectfully as they are expected to be respectful of all patients. Our mission is to try and help those who are suffering and we work very hard to help each and every person to the best of our abilities. As your provider for many years, my hope is that I have lived up to the expectation as I have always put your safety and well-being as the priority.

I look forward to seeing you tomorrow and working with you to help relieve your symptoms in a safe and effective way.

Kathy Peniston

**Leonard: 02/03/2020 01:24 p.m. EST**

I agree on all counts concerning how staff deserves to be treated. My symptoms do not cause agitation or make it difficult to control my anger, with all respect. My symptoms ARE uncontrollable irritable, angry outbursts and hostility. I imagine that you have treated many patients with a history of PTSD but likely very few in the throes of recent traumatic stress symptoms. It rare, a d you have to understand I am now floridly is in the same condition as someone who has been traumatized by war.

**Leonard: 02/03/2020 01:27 p.m. EST**

I send multiple messages due to character length restrictions on my end. Here is what John said in a IM with me-

(Actually it's in another message that is about to be sent. Character length won't allow)

**Leonard: 02/03/2020 01:28 p.m. EST**

RE PTSD, symptoms are treatable but not particularly controllable by the sufferer. The nature of PTSD is that the intrusive symptoms are triggered by a variety of stimuli (internal and external) and avoidance is not a solution. EMDR is the most effective treatment, although the VA would dearly love to have a medication treatment. Sertraline and paroxetine are 1st line treatments; guanfacine and propranolol are useful adjuncts. effective treatment is the key to relief

**Leonard: 02/03/2020 01:42 p.m. EST**

He is referencing a sensory eye movement exercise. I am applying for disability soon, and that will likely be my ticket to the treatments he says I need. I would doubt your facility does this eye movement treatment. Maybe you have the medications he says will help and they are cheap. If not, I will get disability to foot the bill asap. I am also open to any other meds you think might help. John is a veteran, so in absence of any fresh ideas you have, following him exactly is probably a safe bet

**Kathy: 2/4/2020 11:47:13 EST**

See you in a few hours. Right now, we do not have EMDR available.

**Leonard: 02/04/2020 01:08 p.m. EST**

Hi Kathy, to minimize any need to explain, please see the attached. I am leaving now.

**Attachment(s):**

**2/4/2020 13:55 EST Hi Kathy.docx**

**Leonard: 02/04/2020 01:10 p.m. EST**

Here is John's complete message.

**Attachment(s):**

**2/4/2020 13:54 EST johnMessage.docx**