

4/29/2020 Appointment

On the **4/29/2020** appointment, I tell Kathy that I lost my social security card, and I reference how I'd had piles of trash in my apartment. I tell her that my hyperarousal causes me to not be able to do anything for much of the time, but that there are occasions when I can do some things, and those things are not productive. I tell her that I am pacing a lot but that I pace less than before. I tell her that since my traumatic stress has intensified, I am pacing constantly. I tell her that I have bouts of depersonalization where I feel detached, and this is accompanied by a feeling of hostility or cruelty. I tell her that I am extremely sensitive to stress, and that a "burst" of stress will "wreck me for days." I tell her that stress takes me from being "kind of wrecked" to "really wrecked for days."

I tell Kathy how I was so disabled that I could not fill out my exemption forms or bankruptcy schedules. I tell her that I missed several deadlines to turn in my bankruptcy paperwork. I tell her that me driving is out of the question (in reference to being so impaired that I cannot drive). I tell her how I call the courthouse crying. I tell her how I was screaming and crying in the court room. I tell her that Zyprexa (in reference to the medication I take, called Olanzapine. It is the generic that I take) causes cognitive impairment. I tell her how I've been taking 10 mg of Zyprexa (Olanzapine).

I bring up the kidnapping several times. At one point, I reference it as a "collusory kidnapping". I tell her the Charlotte-Mecklenburg Police's crimes, and explain that what occurred was a kidnapping because it met every element of the crime of kidnapping. I tell her that the kidnapping is under the jurisdiction of the FBI because it involved a violation of my constitutional rights. I tell her about Mobile Crisis notes reflecting me as being paranoid, acute psychosis, etc., after they told me that all I needed to do was eat a cheeseburger or read. I tell her how the Mobile Crisis counselor, Allie, went with Jenny to the magistrate's office. I mention Mobile Crisis' crimes.

I tell her about the involuntary commitment petition having the same time and date for the time I am taken into custody and the time I am presented to the examination unit. I tell her how the officer "admitted" that he didn't have the petition in his possession, because his answers to my questions made that obvious.