

6/9/2020 call

1:05 I couldn't fill out this paperwork to save my life

1:10 – I was pacing the floors 18 hours

1:30 – I get hit with shell shock emotional pain that is accompanied at times with hostility. I feel like I can't live through this.

4:20 – I pace, always. I have a compulsion to stay busy

5:20 – I can't do anything when I have this trauma except pace the floors and want to die

8:40 – It seems like I'm on an upward trend but it could be just because I don't have any stress.

9:19 – I am so disabled that I can't fill out the form to exempt my property

9:42 – I can't fill bankruptcy paperwork. I am being forced to do something that I am disabled and can't do.

10:34 – I am forced to do something I am unable to do, in this bankruptcy

12:15 - I can't concentrate enough to read more than about 3 or 4 pages at a time. I used to read up to several books per week.

12:25 – When I have traumatic stress

12:37 – I am terrified to check my mail because of stress.

13:18 – I am unable to do complete disability paperwork. It kills me to even think about it.

14:00 – I was screaming and crying in court

19:20 – I am getting hit with this ton of bricks feeling

20:00 – My PTSD always returns full force

21:40 – I have been disabled since April 2019

22:00 – I feel like I'm dying of stress

22:54 – Mom is paying my rent and paying my bills

23:25 – I would need a break to pace for 3 hours at a time, I can't fill out paperwork, I get uncontrollably hostile towards people.

24:13 – When I get hit with traumatic stress and I feel like I'm not going to live through this. I get hostile.

25:20 – when I get hit with trauma it lasts 20 minutes, an hour, two hours

25:30 – I took extra Adderall to help with my bankruptcy. I was pacing up to 18 hours at a time. I would go back and forth from my living room to my bedroom.

26:00 – My routine was to pace for some amount of time until I build up some willpower to fill out another line of this paperwork. There were times where I would have to pace 18 hours to be able to work for 20 or 30 minutes, and then I would get up and pace some more.

26:42 – I try to read but I usually can't

29:14 – I have been too disabled to clean for a long time. I had not had my house cleaned for a year. My paid cleaners came by. We carried out 15 bags of trash out of my apartment.

30:10 – I have difficulty paying bills. Doing anything can be hard for me.

30:30 – Kathy is asking what else I am impaired in doing.

31:15 – anything that takes willpower in normal life needs herculean willpower

31:56 – Kathy asks if I am seeing things or hearing voices

32:00 – I ask Kathy about the 4/29/2020 appointment, where she won't say that I'm not in an active psychosis.

32:18 – The people at Mobile Crisis came here, told me to eat a cheeseburger or play on my computer, that I was fine. And then they go and write up a report that says that I'm in an active psychosis.

35:46 – Kathy says that there is a spectrum of disorders.

36:28 – I ask Kathy what disorders might have a psychosis.

37:42 – I ask Kathy what disorder I might fall under.

37:57 – Kathy says that when I give her information that she cannot verify, that means I might fall under a delusional type disorder. She says she can't rule it out.

38:23 – I say "you can't rule it out because of what?"

38:33 – Kathy says a lot has gone on. I've mentioned a lot of different situations, which she doesn't want to get into right now. Some of them sound pretty suspicious and bizarre and kind of out there and she doesn't have the ability to fact check those or to know if they actually happened.

39:33 – I tell her that John thinks there is no possibility that I am experiencing anything.