

L: Okie dokie. Can you hear me?

M: Hi Leonard.

L: Yes, hello. So you can hear me?

M: Yes, I can hear and see you. This is Dr. Snapp. Can you hear and see me?

L: Yes, I sure can. Good. Good. Good.

M: I did receive the records that you sent over detailing your history and some of the symptoms you've been experiencing.

L: Did you see the second email I sent? To Lindsey? I sent you an updated doc package. It's got like 340 pages.

M: Let me see. I see it now but I have not looked at it.

L: What that has that is additional is it has a chat with my former manager at Wells Fargo, and it has the complaint that I sent the federal authorities over the abuse that I have suffered, and it also has another snippet of a chat with a friend. I will go in order. Actually, I won't go in order. The complaint that is a detailed narrative of the events and the background as to what has happened that caused my traumatic stress brain injury. And of course, there is a whole background that follows it, going way back to when I lived in the mountains. That's the complaint, that's kind of like a narrative. The chat with my friend, I picked out one example of when I have this symptom where I become suddenly hostile. I have this all of the time. I was especially having it back then. It's like, I will be hit with some memory or some feeling or something, and I will have this very, very pulverizing feeling of emotional pain and it's like a shell shock feeling, and it will be accompanied at times by a feeling of hostility. Then the chat with my manager, I just put that in there because it is full of such instances. You will be able to see that I am talking to her and it's kind of a normal, you know, kind of easy going, kind of informal conversation, and then all of the sudden I start to make insults at her and tell her that I'm going to make legal threats to this person, I'm going to ruin this person's life for what they've done to me, and things like this. And I have no idea if that's useful to you or not, but I just thought that I would throw it in there because I've had these symptoms going back way then, and so you can see, in that chat history....

M: When did this started?

L: So when did the PTSD start?

M: Sure.

L: So, I noticed it acutely in April 2019. And what happened there was a massive criminal scam was ran on me. I was basically kidnapped. I've got a rationale...It's not what you normally think of as a kidnapping, but that's what it was. It was done under the guise of a civil commitment petition. That was April of 2019. I do believe I was experiencing this hostility and this emotional pain to some degree before then. The reason I say that is that on my records at atrium, the person that was involved in this civil commitment petition, the petitioner I believe they call her, she had made some comments about how I would be talking normally and then all of the sudden I would get hostile. Something like that she says. I didn't recall....The profound symptoms started in April 2019; they got extremely profound in May.

That's when I recall it. But then when I start looking at my records, I noticed she had said that. So I would say probably a couple of months before then, in Feb or so, I had had some symptoms there.

M: Leonard, can you tell me...You were kidnapped?

L: Yes. It was a kidnapping under the guise of a civil commitment petition. Of course, I know, this whole thing sounds insane. But let me give you the background. So what happens is I moved from the mountains of Western N.C. to Charlotte in 2011. Now I left behind a huge, huge freaking mess that didn't need make it up here. This included people who had made attempts on my life. They had been out for me for a long time. I was also treated very stigmatized. Horrible rumors went around about me concerning my mental health history. So this hell had to be left there. The first job I get I get a job at bank of America. I work there. I'm laid off and then I get a job at Wells Fargo in November 13. Fast forward, the initial violation of the law that occurred regarding me, was a civil violation, where we had this senior manager at Wells Fargo who was an idiot that didn't get along with me had this girl quote unquote look into my past. This is a civil intrusion upon seclusion violation of the privacy. What happens is I don't know that Wells Fargo is behind it, I just know that this girl has talked to some people and they've told her this garbage and I kinda need to be a part of the conversation that was never supposed to happen. Cause again, this looking into my past.... What she did by the way. is She got me to give her a link to my Facebook profile and contacted someone on my Facebook. And she was told a bunch of garbage. Ok, so I beg and plead and scream and threaten with this girl over and over from December of 17 all the way up to April of 2019. Then in April 19, I start making some threats. And what this prompts is a massive wave of crime on the part of Wells Fargo.

What happens is, me and this girl...you can read my complaint, it has the whole narrative. Starting On about April 17, 2019, me and this girl Jenny we start arguing about this whole situation again. We've been arguing about it forever. Cause, she repeatedly says it never happened. But there are too many suspect details that make it clear to me that it has. And so what happens is me and her have been arguing about this for years. And this kind of dispute that we have, kind of goes on and off for a few days. On April 21<sup>st</sup>, 2019. I had had a dispute with her, and I had made heated comment about "don't have nobody come over here to get me because I'm going to be a vegetable". Or something like this I was making a reference to what would happen if I poisoned myself and she sent someone over here to get me. And what she does, is she goes to the magistrate and uses this as an excuse, this as an excuse that I had made this vague...again it was a heated emotional statement, I made these statements all the time. You know, out of emotional pain and things like this. I kind of overreact...how do I say this? Sorry, I'm getting tongue tied here. The whole situation has caused me a lot of emotional pain. It has caused me to have...suicidal type things, say suicidal ideations for a long time. Ok, so she goes and fills out a civil commitment petition with the magistrate in Charlotte. Now this thing that I described where I had my privacy invaded. This was entered on this civil commitment petition as that I quote "thought my friends were out to get me". And that I was having paranoid delusions. So again, I think that a workplace privacy violation has happened...is characterized as I think my friends were out to get me. Says that I have detailed plans to commit suicide or to do something like this.

And so, what happens...this is on the 21<sup>st</sup> that we're arguing, I don't know that she has filled out this petition until all the sudden at 11:03pm at my door is an officer of the Charlotte-Mecklenburg police who enters my residence against my consent...I tell him, no I didn't want to...no I'm fine...I'm going to bed. He says well I'm going to have to come in. He enters my apartment against my consent. He

proceeds to tell me that because of the nature of what has happened they're going to have to have someone come and look at me. I'm not under arrest...he's gives me this whole spiel. He puts me in handcuffs against my consent. He puts me in his patrol car, against my consent. And drives me to 501 Billingsley Road against my consent. Now. On the way there, he admits that he does not have this civil commitment petition in his possession. Because I start asking him, so she filed some paperwork? And He starts saying something like "well you know whoever did will sign it, or whoever did will file it" or something like this. what he is saying makes it very clear that he is not in possession of this civil commitment petition. I go to Atrium Health, 501 Billingsley Rd., at their inpatient unit. And I am very eager and anxious to see a doctor because this whole thing is bullshit. I am convinced that I can...that I can...very, very transparently...this whole thing...claiming that I have delusions and paranoia and whatever other garbage that she said...it's bullshit.

And I could also show them these texts where it's like I just very briefly made a heated statement, and by the way, after I make this heated statement, about don't send them over here because I am going to be a vegetable. There was like a period of 3 hours that I am doing very, very good. I am cool as a cucumber. So anyhow, while I am there, what happens is the officer goes and gets the petition from the magistrate's office and brings it to the gentleman at the door at Atrium. There was an exchange there where the charlotte-mecklenburg police says we will just say, we will just put em..make them same so that we can say we put the wrong time. Ok, that's the words that he says. He says we will make them the same, that way we can say we put them at the wrong time. So...we put wrong time. Now this again, was April 2019, it was January, I ordered this petition from the Atrium Health records. And what he's talking about there, is that on this civil commitment petition they put the time that I was taken into custody at 11:43 pm, ok that's the...what that means...that's the time I'm thrown in handcuffs and placed in his patrol car. The time that I am delivered to the inpatient unit is also 11:43pm. Ok, so the very obvious purpose here is they are giving plausible deniability over the fact that he was not in possession of the civil commitment petition when he's here. So they know, that they go to the magistrates audit file...and they put the real time on there, that he got at my house at 11:03, you know this defies the laws of nature. He can't me at the magistrates office at 11:35 and get this petition and take it to at 11:0....so that again, this whole thing was a kidnapping, very simply for the following reasons, and this according to north Carolina law that the civil commitment petition in his possession is what gives him the right to enter my residence against my will, put me in handcuffs against my will, and to transport me...ok, so having no legal right to do any of this. He puts me in handcuffs he puts me in his car, transports me, and of course this was carried out as part of a series of healthcare frauds. Cause again, now, now, the thing is...

M. You were committed to the Billingsley behavioral health because somebody at your work was concerned that had suicidal ideations.

L: No no no, so so, what it was was again, so let me go back, and again, there is a massive backstory and we unfortunately, you know, it would take probably 10 appointments for me to tell you the whole thing, but again, so the girl in question, that filed this petition, this is the girl that did the invasion of my privacy in 2017. So we have this dumbass senior manager at Wells Fargo, he can't get along with me and he gets this girl to quote unquote look into my past. Ok, now the thing is for the longest time I didn't know that wells fargo was behind it. And So I'm arguing with her. Now of course, as I later found out, Wells Fargo is behind this whole thing, they have the whole time. And they're the ones behind, they have her go and fill out this petition. Ok, so she's the petitioner, and again my claim that a workplace privacy violation

has occurred, that I have very, very good reasons for, is put that I have a paranoid delusion..ok...that I think my friends are out to get me...now how the hell is this, when I say you violated my privacy, you know, you...this individual, you and this other girl potentially, because this other girl that knew about it, I was convinced. But when I say one to two people violated my privacy at work.....how in god's name is this thinking my friends are out to get...this is bullshit. And she did put on there, she put on there that I had..detailed...plans detailing suicide, which I did not. I made a heated statement all of the sudden. Now, another part that comes into effect here is that there was a crisis counselor that accompanied her to the magistrate's office. This girl told me this after the fact. And by the way, this girl, you will see her referenced, her name is Jenny, she is kind of pitiful. She just doesn't get the gravity of what's happened. And so she splurges this detail to me that this crisis counselor went with her. Well this crisis counselor was at my house on April 17th, and these people, there was two of them. And they were paid to create a fraudulent healthcare record, again, and I know this sounds absolutely insane. Believe me, I know it. It is absolutely true. Beyond a doubt, I've had other people...it's very clearly that case. And then...what happens there is they come in here, and I'd had a bad day. I was very agitated. But again, if you look at my history at Atrium. Cause again, this was on April 17, these crisis counselors were at my apartment, but you look, I have a very very lengthy history of being very very stable. Very clearly, there's not a damn thing wrong with me. These crisis counselors come in here, there are two of them. Now, one of them, and by the way, this girl Jenny she gives me these people's number, she is begging me to talk to them. She's like insistent that I talk to them. So finally, I agree. Now of course, it is suspect to me a little bit the fact, you know...this girl, she's been up to no good, and here she has given me the number to call this crisis...you know the number is supplied by Jenny. Which at this point, as I'm arguing with Jenny and going over this stuff, it's like I don't know what the hell to think of Jenny. So we have these two crisis counselors come here. One of them kinda listens to my narrative and what I'm saying, and I explain all the background, the other one is focused on two questions, ok. And she interrupts me repeatedly and says "what we need to know is do you have a mental illness". Ok, over and over and over again, she is obsessed with do I have a mental illness. Now as I am giving my narrative and telling about my history and all of this, which I tend to be overly detailed. I have autism. So I kinda, I speak in. I tend to tell the whole story in excessive detail. And so I'll say, you know, and then when I was such and such age...I was 13...I was treated for conduct disorder as a kid, and you know, and this can be, this is like the premature version of this, what they call this antisocial...whatever. And so she jumps in like "so that's your diagnosis". and so she is zeroed in, obsessively, like it's very important to her, her sole concerns are, do I have a mental illness and what is my diagnosis. Ok, and...so these crisis counselors tell me that all I need to...tell me that I've just had a bad day. That All I needed to do was eat a cheeseburger or work on my computer. That's what they tell me.

Now, when I retrieve their internal notes, there's a bunch of garbage on there saying that I am paranoid, delusional, that I live in a malodorous apartment...that I'm sweating inside my...that I'm covered in sweat and it's cool in my apartment, but I'm covered in sweat. Again, that my apartment is malodorous. There's piles of trash. It's over and over and over again, paranoid, paranoid, paranoid. And the other thing that they put in there, is they put that I am overweight, ok. And so it's like general impression, they put overweight, malodorous, paranoid, and this garbage. So this is obviously quite dramatically different to tell me this, and you know, what they told me to eat a cheeseburger and work on my computer because I've had a bad day.

M: Leonard, if I can interject, are you working with a psychiatrist now?

L: Yes, so I see...I go to Atrium Health for regular care. The reason I came to you, well is 1 because you are not atrium health...and I need...and 2 because it looks like that you have some kind of thing where you can accept Medicaid for a brain scan, because I need very badly is, I need a brain scan.

M: So you have never had a picture of your brain

L: Not since I had the PTSD. In roughly, I believe it was May of 2018, around there. Yeah that would have been about right. No actually, sorry, it was January or so of 2018, between January and May of 2018, I had an MRI over this cognitive impairment that my Zyprexa caused. So what happened...and I use Zyprexa and olanzapine interchangeably, ok, so that's what I'm talking about. I think I actually take olanzapine, but you know, one is the generic. But what happens is, over the years, starting...I started to acutely notice it around age 30-31, it actually...once I reflected on this, it started happening earlier than that. Probably 27-28. But I had, started...had increasing cognitive problems. Ok, and so it starts out I start to notice that I get really forgetful, especially in the short term. I will be talking, you know, and it's like all of the sudden I just forget what I'm talking about. And of course this happens to a lot of people, but didn't normally happen to me and it sure as hell didn't happen with so much frequency. Then, the next thing I noticed, later on, its like its getting worse and worse, and its like the next big kind of landmark is when I get to the point that I'm going, like I will have an interview for a job, and the person will be talking and there will be some question that I have to ask them, or something that I need to say, and what I have to do is I have to repeat it in my mind, what I want to say, I have to repeat it over and over and over again, because if I don't I'm going to forget it...the second, ok. And the breaking point comes, and this is another landmark, is when I'm so out of it that I pull out in front of somebody at Walmart. So I go to Metrolina neurology associates. And the neurologist there, Howard Mandell, he tells me, he says "we're going to get an MRI", "we're going to get an EEG", we're going to get neuropsych testing. So we're going to get all of this, and he says "but my hunch is it is your Zyprexa", he says "I've seen this happen a lot". And so he recommends that I immediately work with my providers to find an alternative medication to treat my bipolar condition. Now what happens is, unfortunately, you know...this Zyprexa had always caused me to have a terrible problem with oversleeping and so, you know, I had tried every medicine under the sun, previously, when I lived in the mountains, to try to get off of Zyprexa. It turns out that Zyprexa is the only thing that works for me.

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I hadn't tried Depakote however. Me and my provider try Depakote. This doesn't work. What we do is give me a variable dose of Zyprexa. I take 5 or 10mg as needed. Since I have had PTSD I have been taking 10 mg. Do you understand the analogy?

M: Based on Dr. Mandell's evaluation, the MRI, the EEG?

L: Yes it was fine

M: did you receive a physical injury to your brain?

L: As I understand it, PTSD is an injury to the brain

M: Never had a physical injury to brain?

L: When I was seven, I was jumping on the bed and I knocked the hell out of my forehead on the bedpost

M: An MRI is the most detailed picture we can get of the brain. It is a good thing to do if there's any trouble with memory or psychological stress...you know...can all come from problems in the brain. The fact that you had a normal one in 2018 is super reassuring. But I hear you, you are saying...like..things are worse.

L: In 2018, I did not yet have the PTSD. I think as a result of this traumatic stress...what this officer does in practice and as a matter of law is a kidnapping. This officer, by the way, he is Jenny's neighbor. This girl writes up this gargantuan report that puts me in the worst light possible. She said that I was overweight. What function does this detail serve to a crisis counselor, other than to put me in the worst light possible. 70% percent of people are overweight. Do they put this on 70% of their reports? Under the law and also as a matter of practice. My brain doesn't know the difference between what's legal and what's not. Say it was perfectly legal for the police to come in here and beat the shit out of me. My brain doesn't know the difference between a legal pulverizing and an illegal pulverizing, it just knows that I've been pulverized. This thing at work caused me unbelievable, horrible stress. I go into a downward spiral. I scream, I cry, I get suicidal. I beg this girl, it's like why won't you tell me. I've got people that want to kill me in the mountains. I need to know who the hell is being talked to. Once they bring this nightmare here, I need some input. Another concern is I don't even know what the hell these people say. These people in the mountains, they perceive this hospital as a place where people are chained to the wall and it's like "stay to the right because Hannibal Lecter is on the left". Once I've been sent there, all of these rumors get started. What happens is I am feeling totally worthless. I have no worth whatsoever. I ask "will you just please admit that I have some reasons to believe this. That all of this bullshit you say doesn't make sense!!!" I am sitting here feeling totally worthless and the next thing they do is have some punk ass police officer throw me in handcuffs!!! And take me to this hospital in a kidnapping!! First off, under the law, it is not sufficient...I can't remember the NC statute. There has to be a reasonable probability that you will end your life. These magistrates will sign anything you put in front of him. Had he had it in his possession, you might think this is legal. He for sure knew that this thing was fraud, he knew this petition was fraudulent. Then what happens is I go to Atrium, and the destruction of my life immediately follows. These people at Atrium are rabid, foaming at the mouth criminals. They've been criminally victimizing me ever since then. I start telling them all of the suspect details about this civil commitment petition. How this girl was here and she's preoccupied with "do I have a mental illness", how the officer doesn't have the petition. This is in April or May of 2019 that I'm telling them this. It's not until January 2020 that I realize the meaning of this "we will make them the same so that we can say we put the wrong time." They have deliberately altered the dates on this petition. What happens by the way, and I was very happy about this Atrium, is I am interviewed by multiple doctors. The first was April Morciglio. She won't listen to a god damn word that I say. She was most likely part of this scam. I start saying "hey I think I've got a legitimate problem, but I think there are reasons to think what I think." Despite my claims to the contrary, these other doctors at Atrium independently conclude that there is not a damn thing wrong with me. At this point in April of 2019, I don't realize how much Wells Fargo was behind everything that has happened. I tell my manager, and what this triggers is now Wells Fargo is sweating bullets over what my hospital may have on their records against them. They know that they have committed a slew of crimes, and here my hospital has

called bullshit. So in June of 2019, their finance lady starts to make attempts to fraudulently file a Medicaid application to get my medical records and send them to Wells Fargo.

M: That's ok, we don't need to go over that again. The current psychiatrist you are working with is Dr. Phillip Murray?

L: I work with Dr. Wright.

M: Okay, Okay, is it still at Atrium

L: Again, there is a problem here with Atrium, they are foaming at the mouth criminals.

M: So here's the thing, I can order you the brain MRI, ok.

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I really hope that's going to come back normal. I would expect it to come back normal. The types of things that traumatic stress does to the brain. The purpose of a brain MRI is to rule out other things. Make sure there isn't scarring, or damage, infection, inflammation, god forbid strokes, god forbid tumors, you know other things that affect your brain health. I am happy to do that. And then, I think that your long-term treatment though, is going to need to stay with psychiatry. Of course, managing that post-traumatic stress, I love that you're in the therapy, and it sounds like that has been helping somewhat. And then of course, the psychiatrist helps with the medication to manage...to manage it. I just want to mention that Adderall can sometimes make things worse, rather than better, as far as PTSD symptoms, or your thought processes. I understand that you take it for ADD. But that's something that you and your psychiatrist want to think about, is like, sometimes those medicines do more harm than good.

L: Let me interject. That is the last thing that we're going to talk about. I understand...I know your line of thought, sometimes it can increase this hyperarousal. What I can tell you though is that my Adderall helps with my PTSD more than anything. What I've been asking them for forever, they won't give me, is I have been asking for more. It helps in numerous ways. Which by the way, you can google...there are a lot of studies that will show that in some cases, the Adderall will help. What are you referring to as thought processes, what do you mean there?

M: Yeah, you've got trouble with your attention, your short-term memory.

L: So you are saying that Adderall can affect my thought processes, and affect my short term memory.

M: Correct

L: But it would have a therapeutic effect on both of those would it not?

M: It may, and then it can destabilize the mood. You know with bipolar the mood kind of shifts. And Adderall can worsen irritability. You know you say you are having these waves of just like hostile and irritable. That can be a side effect of Adderall.

L: Yeah, so let me interject there. I have been taking Adderall for God knows how long, well over a decade. And before this happened, I never had this effect. The thing is, the Adderall and the Zyprexa they are like the perfect recipe...And also, the citalopram I was taking, but they take me off the citalopram, and actually I have discovered that I feel better without the citalopram. You've got to

understand that Adderall and Zyprexa kept me stable for years, well over a decade. And that is part of the reason that there was a hesitancy to even monkey with it, but it's causing me this cognitive impairment. I understand that there is literature and there is research and studies that hey, it can fluctuate your mood, it can do all of this stuff, but I've got 14 years, 20 years, God knows how long that it did not do that. You see what I'm saying?

This is another thing that frustrates me by the way, because to me it's kind of clear how this works, these psychotropic medications, it's not like a heart medicine, if someone's got a condition and they've got to take a medication for their heart, the doctor can probably tell them like hey "it does this it does this and this is why it works". With these psychotropics, it's like, it's almost like it is a gambling to see how it works. In other words, if I go on a psychotropic medication regimen and I'm on this medicine then this medicine, one of them works, one of them doesn't, say that I go through three of them that don't work and one that does. There's not a single human being on the face of the earth who can tell me for 100% sure the exact mechanism as to how that 4<sup>th</sup> medication, as to how it works, why it works, we just know that it does. This is a frustration I have talking to doctors constantly is I've got a history of being very, very well on certain medications. And they want to throw up, everyone wants to bring up what the literature says about this, what might happen, you know these facts on paper, which I do not contest at all, that they do not happen to some people, that they do that to some people. But again, when I've got a decades long history of doing well on medications, it's to me, its like, this hypothetical what could happen, what does happen to some people, is not, you know, it's not relevant, you see what I'm saying?

M: I do. I fully support that Leonard. I completely agree. You've got to figure out what works for your body.

L: Yeah, and that's why I've been asking Atrium to up my Adderall forever, because it helps me. What they do is they build in extras into my prescriptions. I've got like 6 extras each month that I can take. But what I wanted, is I wanted my dose upped to 60 mg, because that would help me. I know from taking extras. And of course, I think I document one time on your online portal there, that its been months ago that I ended up running out of Adderall because I have these severe PTSD symptoms, and of course they are so disturbing, they are so distressing, they are so terrible, that at a lot of times it is like irresistible, when I know the Adderall is going to help me, it's like how can I not take it. Of course, I've been doing a lot better, that was only, that happened way back, you know sept last year, something like this. I tell Atrium that this helps me, and they refer back to these facts that you reference "Adderall can make PTSD worse", "Adderall can flare up your mood". It's like "where is the fact that I just freaking told you, that I've been telling you months that it helps me. Where does that factor it? Does that get zero weight?" Where is the fact that for 10 years I've been taking this? Which by the way, I took one of my extras today, you'll probably notice that I've got a little extra energy here. Part of that is because, part of what has occurred is I am terrified of abuse of the mental health system, cause what happens is these magistrates will sign anything. I've got people criminally abusing me. Like this fraudulent process with this officer at Atrium. I am like a liability of all of these people that have committed crimes against me. I'm like de facto a prisoner at will of everyone. Because anybody that knows this process, all they've got to do is put something in front of the magistrate. And then there they're going to be.

M: So Leonard we're going to need to wrap it up here. But I wanted you to know that I've ordered that MRI. It is going to be with and without contrast, so you'll get an IV medication that helps light up any



abnormalities in the brain that we might otherwise miss. They will contact you, once its approved by insurance, you'll get a phone call to get scheduled for that test. I'll send you that result.

L: Can I ask you one question? Because this is very important, and I'm sorry...I've got such a backstory? But this depersonalization that I experience, would that to you be indicative of a very, very serious case of PTSD?

M: Leonard, there is a few things that can cause depersonalization. It is not specific to PTSD. And I think that question would really be best handled through the psychiatry department. They are the experts in diagnosing PTSD vs other psychiatrist illnesses, like for example bipolar disorder that can cause.

L: For sure, without a doubt this depersonalization, which...you are saying that depersonalization is symptom of bipolar disorder.

M: There is a subset of people with bipolar disorder, can have a delusional or a paranoid.

L: Depersonalization has not a damn thing to do with being delusional or paranoid

M: I hear you Leonard. I know that you don't think it is the case. I'm talking about what can happen, is that can be a feature of that. But listen, these are questions for your psychiatrist. They are the experts in diagnosing that, ok.

L: Ok, alright, thank you.

M: Yeah, no problem. Alright, so they will be in touch with you about that scan. We'll let you know the results, ok?

L: Alright, thank you.