3. \*\*Disgust\*\*: Feeling a strong sense of revulsion or uncleanliness towards the stigmatized individual, often based on physical, behavioral, or lifestyle characteristics.

14. \*\*Ambivalence\*\*: Having mixed feelings or contradictory attitudes towards stigmatized individuals, leading to unpredictable or inconsistent behaviors.

19. \*\*Frustration\*\*: Feeling annoyance or irritation towards stigmatized individuals, often because their needs or issues are seen as a burden.

68. \*\*Savior Complex\*\*: Believing it's one's role to 'save' or 'fix' stigmatized individuals, often without understanding their actual needs or desires.

1.\*\*Microassaults\*\*: Subtle, often verbal, snubs or dismissive looks, gestures, and tones. These are covert and indirect, but the victim usually grasps the negative intent.

2. \*\*Microinsults\*\*: Comments or actions that subtly convey rudeness or insensitivity, demean a person's racial heritage or identity, for example, telling someone they speak English well when they are a native speaker.

8. \*\*Overlooking or Downplaying Success\*\*: Subtly ignoring or minimizing the successes and achievements of a stigmatized individual, attributing them to luck or affirmative action rather than talent and hard work.

13. \*\*Withheld Courtesies\*\*: Failing to extend the common courtesies or friendliness one would usually offer others, like not holding a door, not greeting someone, or not saying "please" or "thank you."

15. \*\*Invisible Hypervisibility\*\*: The paradox of feeling invisible in terms of personal identity and needs while simultaneously feeling hyper-visible and scrutinized due to a stigmatized identity.

19. \*\*Selective Silence\*\*: Consistently failing to speak up or acknowledge the individual when they are part of a group or conversation, subtly excluding them from the social or professional circle.

29. \*\*Intrusive Questioning\*\*: Asking inappropriate or overly personal questions based on someone's perceived stigmatized identity, indicating a lack of respect for their privacy.

30. \*\*Surprise at Competence\*\*: Expressing undue surprise or disbelief at a stigmatized individual's skills or success, implying that their competence is unexpected.

32. \*\*Conditional Interactions\*\*: Engaging with stigmatized individuals only under certain conditions or in specific contexts where their stigmatized identity is useful or necessary, rather than out of genuine interest or friendship.

33. \*\*Selective Acknowledgment\*\*: Acknowledging or interacting with the stigmatized individual only when others are watching or when it's socially or professionally advantageous.

37. \*\*Overlooked Contributions\*\*: Consistently failing to recognize or acknowledge the contributions, ideas, or work of stigmatized individuals, especially in group settings.

40. \*\*Backchannel Dismissal\*\*: Expressing dismissive or derogatory comments about a stigmatized individual or their group in private or after they've left the conversation, contributing to a culture of disrespect.

52. \*\*Assuming Incompetence\*\*: Subtly assuming incompetence by unnecessarily simplifying explanations or instructions when communicating with stigmatized individuals.

53. \*\*Passive Deterrence\*\*: Creating an unwelcoming environment through body language, choice of topics, or insider language that passively deters stigmatized individuals from participating.

61. \*\*Reluctant Compliance\*\*: Displaying reluctance or minimal effort in complying with policies or measures designed to support or include stigmatized individuals, often accompanied by subtle signs of resentment.

6. \*\*Invisibility\*\*: While not explicitly listed, this subtle behavior involves treating someone as if they're invisible or inconsequential, which can happen when people are unwilling to acknowledge your presence or equality.

1. \*\*Social Contagion Stigma (from earlier lists)\*\*: This is when individuals are treated as if they have a contagious disease, leading to avoidance and exclusion. People act as if the stigmatized trait is something they might 'catch' or be negatively affected by through association.
2. \*\*Dehumanization\*\*: This attitude reduces your perceived worth as a person, similar to how you felt people didn't acknowledge you as their equal.
3. \*\*Us vs. Them Separation\*\*: The feeling of being treated differently and not as an equal can stem from this divisive attitude, where there's a clear line between the stigmatized 'them' and the non- stigmatized 'us.'
4. \*\*Social Rejection\*\*: Your experience of people not wanting to be seen with you or associate with you is a form of social rejection, a painful outcome of stigmatization.
5. \*\*Avoidance\*\*: This behavior, part of the broader social contagion stigma, involves others steering clear of you due to the stigma, as if your presence is undesirable or risky.
6. \*\*Invisibility\*\*: While not explicitly listed, this subtle behavior involves treating someone as if they're invisible or inconsequential, which can happen when people are unwilling to acknowledge your presence or equality.
7. \*\*Discrimination\*\*: This broader term encompasses the unequal treatment you experienced, where

you were not treated as an equal due to the stigmatization.