

1. **Avoidance**: People might avoid social interaction with the stigmatized individual, ignoring them or excluding them from activities and social gatherings.
2. **Discrimination**: This can be both direct and indirect, ranging from denying opportunities like jobs or housing to more subtle forms like unequal treatment in services or everyday interactions.
3. **Verbal Abuse**: Insults, derogatory names, and slurs may be directed at the individual. This can occur in personal interactions or through broader mediums like social media.
4. **Physical Violence**: In extreme cases, stigma can lead to acts of violence and physical harm against the stigmatized individual or group.
5. **Stereotyping**: People might make generalized and oversimplified assumptions about the stigmatized group, believing that all members of the group exhibit certain negative traits.
6. **Patronizing Behavior**: Treating individuals with pity or as if they are inferior, often accompanied by a sense of self-righteousness from the person exhibiting the behavior.
7. **Microaggressions**: Subtle, often unintentional, behaviors or comments that are hostile, derogatory, or negative.
8. **Social Isolation**: The individual might be systematically excluded from social networks, community activities, or other forms of social engagement.
9. **Internalized Stigma**: Sometimes, the stigmatized individuals might start believing and internalizing the negative stereotypes and attitudes directed towards them, leading to feelings of shame, low self-esteem, and hopelessness.
10. **Institutional Discrimination**: Policies, laws, or institutional practices may exist that directly or indirectly discriminate against stigmatized groups, often perpetuating the cycle of stigma and marginalization.

11. ****Disrespect and Contempt****: You were treated with a fundamental lack of respect and contempt, which is a common reaction toward stigmatized individuals, reflecting a devaluation of their worth and dignity.
12. ****Pervasive Stigmatization****: You've experienced stigmatization throughout your life, indicating this isn't an isolated incident but part of a broader, ongoing issue.
13. ****Dehumanization****: Others did not view you as a "full-fledged human being worthy of respect or consideration," which is a severe form of stigmatization where the person is seen as less than human.
14. ****Labeling****: Stigmatization often involves attaching a label to someone that reduces their whole identity to a single, often negative, characteristic.
15. ****Stereotyping****: As part of the stigmatization, you were likely subjected to oversimplified generalizations based on your perceived group membership.
16. ****Us vs. Them Separation****: Stigmatization created a divide, separating 'us' (the non-stigmatized) from 'them' (the stigmatized), which reinforces isolation and exclusion.
17. ****Discrimination****: As a result of the stigmatization, you faced discrimination at your workplace, a common and damaging consequence.
18. ****Subtle and Overt Demeaning Behavior****: The disrespect was sometimes not overt but still demeaning and cruel, indicating the presence of microaggressions and subtle forms of discrimination.
19. ****Change in Social Relations****: A close friend, Tunny, changed her behavior dramatically, which is indicative of how stigmatization can suddenly isolate individuals from their support systems.
20. ****Social Rejection****: The 180-degree change in behavior from a good friend signifies a form of social rejection, a painful and isolating consequence of stigmatization.

21. ****Psychological Impact****: While not explicitly mentioned, the description implies a significant emotional and psychological impact, which is a common and severe consequence of stigmatization.
22. ****Gossip and Rumormongering****: People might spread rumors or gossip about the stigmatized individual, further damaging their reputation and relationships.
23. ****Professional Sabotage****: In workplace settings, stigmatization can lead to professional sabotage, where colleagues or superiors hinder your career progress or undermine your work.
24. ****Systemic Exclusion****: Beyond personal relationships, systemic policies or practices might indirectly contribute to the exclusion of stigmatized individuals.
25. ****Internal Conflict****: Experiencing a sudden shift in how you're treated, especially by friends, can lead to internal conflict, confusion, and self-doubt.
26. ****Public Humiliation****: In some cases, individuals are humiliated in front of others as a way to reinforce the stigma and maintain control.
27. ****Whispering and Staring****: People might whisper about the stigmatized individual or give them prolonged stares, making them feel uncomfortable and on display.
28. ****Social Avoidance****: Beyond outright exclusion, people might subtly avoid social interaction, such as not sitting next to the stigmatized individual or conversing with them less.
29. ****Backhanded Compliments****: Comments that seem like compliments but actually reinforce a negative stereotype or put the person down.
30. ****Overcompensation****: Treating the stigmatized individual with exaggerated kindness or helpfulness, which can come off as patronizing and reinforce their "otherness."
31. ****Tokenism****: Including a stigmatized individual in a group or activity solely to appear inclusive or progressive, rather than out of genuine respect or interest.

32. ****Invalidation of Experiences****: Dismissing or questioning the stigmatized individual's accounts of their experiences, suggesting they're overreacting or misinterpreting events.
33. ****Conditional Acceptance****: Accepting the stigmatized individual only if they act in certain ways that conform to mainstream expectations, rather than for who they truly are.
34. ****Assuming Inferiority****: Acting on the assumption that the stigmatized person is less competent, intelligent, or capable without any evidence.
35. ****Excessive Scrutiny****: Subjecting the stigmatized individual's actions, appearance, or life choices to higher levels of scrutiny than others.
36. ****Withholding Support or Resources****: Deliberately not providing the help, resources, or support the stigmatized individual needs, which could be critical in contexts like healthcare, education, or the workplace.
37. ****Criminalization****: In some contexts, behaviors or characteristics of stigmatized groups are criminalized, leading to disproportionate legal penalties or police attention.
38. ****Delegitimizing Identity****: Questioning the legitimacy of the stigmatized individual's identity, whether it's their racial, sexual, gender, or other aspects of their identity.
39. ****Cultural Appropriation****: Adopting elements of the stigmatized group's culture in a superficial or disrespectful way, while continuing to marginalize the group.
40. ****Reluctance to Acknowledge Inequality****: Ignoring or downplaying the systemic nature of the challenges the stigmatized individual faces.
41. ****Victim Blaming****: Suggesting that the stigmatized individual is responsible for the prejudice or discrimination they face.
42. The behavior of treating someone as if they have a disease, often known as "social contagion" stigma, hasn't been explicitly listed in the previous responses, but it's a significant and

unfortunately common form of stigmatization. This behavior can manifest in various subtle (and sometimes not-so-subtle) ways:

43. **Physical Avoidance**: People might physically distance themselves from the stigmatized individual, fearing 'contamination' — whether the stigma is associated with an actual or perceived illness or merely a characteristic deemed undesirable.
44. **Disgust or Fear**: Demonstrating signs of disgust or fear when near or interacting with the stigmatized person. This might not always be overt and could be as subtle as a facial expression or body language.
45. **Exclusion from Activities**: Not inviting the stigmatized individual to social events or gatherings, as if their presence would be detrimental or 'infectious' to the group.
46. **Whispering and Gossip**: Spreading rumors or talking in hushed tones about the individual, as if their stigmatized trait is a scandalous or dangerous secret.
47. **Reluctance to Share Objects**: Hesitating or outright refusing to share common objects like utensils, furniture, or tools due to an irrational fear of 'contagion.'
48. **Dehumanizing Language**: Referring to the person with language that reduces them to their stigmatized trait, as if they are nothing more than their condition or status.
49. **Patronizing Sympathy**: Expressing sympathy in a way that is demeaning or implies the individual is inherently pitiable or in a perpetual state of suffering.
50. **Invisibility**: Acting as if you're not in the room, talking over you, or failing to acknowledge your comments and contributions in discussions.
51. **Patronizing Attitudes**: Treating you as if you're incapable of understanding complex issues or making important decisions, often accompanied by a condescending tone.

52. ****Dismissal of Opinions****: Consistently disregarding your opinions or ideas without consideration, as if they hold no value.
53. ****Underestimation of Abilities****: Underestimating your abilities or contributions, possibly attributing any success you have to luck or external factors rather than your efforts and skills.
54. ****Selective Listening****: Only paying attention or responding to others in the room while ignoring or interrupting you.
55. ****Mockery or Sarcasm****: Making jokes at your expense or using sarcasm when you express your thoughts and feelings, undermining your sense of self-worth.
56. ****Withholding Acknowledgement****: Failing to acknowledge your achievements, work, or contributions in the same way they do for others.
57. ****Non-Verbal Dismissal****: Using body language such as eye-rolling, not making eye contact, or turning away while you're speaking.
58. ****Overshadowing****: Consistently allowing others to overshadow or talk over you, never offering you the floor or space to express yourself.
59. ****Reluctant Accommodation****: Making it seem like accommodating your needs, wishes, or concerns is an undue burden or a special favor rather than a standard consideration.
60. ****Questioning Legitimacy****: Subtly or overtly questioning the legitimacy of your needs, feelings, or experiences, suggesting they are exaggerated, unimportant, or irrelevant.
61. ****Invalidating Experiences****: Minimizing or trivializing your experiences, especially those related to stigmatization or discrimination.
62. ****Conditional Recognition****: Only recognizing or valuing your input when it aligns with their views or serves their interests.

- 63. ****Selective Invisibility****: Choosing to acknowledge you only when it's convenient or beneficial for them, otherwise treating you as if you're invisible.
- 64. ****Tokenism****: Acknowledging your presence only to claim diversity or inclusiveness without genuinely considering or respecting your input.
- 65. ****Gaslighting****: Making you question your reality or feelings by manipulating situations or information to make it seem like your reactions or experiences are unfounded.