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**Re: Who do you think you are fighting**

**To:** "Division, Criminal (CRM)" <Criminal.Division@usdoj.gov>, civil.feedback@usdoj.gov

This is the question that I posed in a Facebook group for Heart Disease-

"I suffered a criminal victimization that stretched across 2.5 years. The first event happened in April 2019, and following this event I developed severe PTSD. I was subsequently pounded with crime until towards the end of October 2021.

Throughout my victimization, I was profoundly handicapped with PTSD. I couldn't do any work at all. I would often pace the floors for 15, 16, or 18+ hours a day, in terrible distress. I had a creditor sue me and initiate a process whereby they would be allowed to sell everything that I own in a sheriff's auction. For this, I had to be my own lawyer in a chapter 7 bankruptcy proceeding. I missed deadlines for turning in paperwork. I was so unable to concentrate that it was almost impossible to fill out my schedules. I came into the court screaming and crying on the last day that I had to turn in my paperwork. Somehow, I made it through the entire process, and in the end my belongings were saved.

This didn't stop the life that I had built from collapsing in front of me, while I was helpless to do anything about it. I had to beg my mother for money for rent and for food every month. I would scream on the phone with her, telling her that I'm dying. I needed her to help me until I could build a legal case and get a settlement. My worst nightmare was for me to lose my apartment.

For this time, I was under constant, horrible, unrelenting stress. The hellish stress never relented for as much as one single second.

It all culminated into the worst stress of it all, in July and August 2021. My mother was running out of money and it was looking more and more like I would be evicted. There was nothing I could do. In a 4 week period that occurred in July and August 2021, I lost 30 lbs from stress alone. I could feel the intense stress, with its clenching tension and it's paralyzing effect, in my entire body, all day every day. I could feel my system being fried. I literally felt like my heart was going to explode every second of every day.

At that time, I knew that I would have premature health problems, and I predicted that I would die prematurely of natural causes. If I were to guess, I'd say that my insides aged about 25 years in those 4 weeks, and when this is added to the years of unrelenting, hellish stress that I was under, it's not good for you.

I attribute my current heart problems to this stress. has anyone ever heard of anything like this, of losing an average of 7.5 lbs a week, from stress alone? This was literally my body burning up calories in processing this intense stress. My diet didn't change and I didn't exercise any differently (my exercise was in the form of pacing the floor in my apartment multiple times per day). Does this sound realistic, that this stress could weaken my body/heart, to the point that I likely have coronary artery disease? One doctor told me this made sense to him. "

I know the answer, but I like to hear others chime in. No one who didn't live through this hellish stress that I did has a clue what it's like. I had absolutely 0 heart problems before this victimization. There were not even the slightest signs to be found anywhere. I had these stress based heart injuries in 1st quarter of 2021. Those got more and more frequent, and it took less and less stress to cause one. At one point, seeing my AWS bill of \$30 bounce triggered one. I know exactly what they feel like and what happens. I felt this terrible clenching feeling and I felt myself being instantly weakened. It was such a brutal experience. I was weak and fatigued for days following this. That was the pattern that repeated itself every time I had one of these.

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Warmest Regards,

Clint Williams

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