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Re: Email for mon mar 20 2023

To: "Division, Criminal (CRM)" <Criminal.Division@usdoj.gov>, civil.feedback@usdoj.gov

What is coronary artery disease?

Coronary artery disease (CAD) is the most common form of heart disease. It occurs when one or more of the coronary arteries becomes narrow or blocked. Normally, blood flows through blood vessels like water through a hose. In coronary artery disease, major blood vessels that supply blood, oxygen and nutrients to the heart become damaged or diseased. This damage causes the vessels to become narrow, stiff or blocked. The process is often called hardening of the arteries or atherosclerosis

This is exactly what I have. I read something the other day that mentioned this plaque buildup, and I was second guessing it. Whatever I have is the result of my heart being damaged by stress. This description includes damage as a factor. This horrible stress inflamed my blood vessels.

I've got every risk factor you can have for this, just about. Overweight, lack of exercise, diabetes.... Thing is that I haven't been overweight for the largest part of my life and I've also exercised for most of my adult life. I barely met the bar for diabetes when I was diagnosed and my diabetes has been in remission.

And I repeat that I knew this. I saw it coming before it happened. I am 99% sure that without those 4 weeks that started in July 2021, I would not have these problems. Maybe lower than a little. I'd say 80% or 90% is as low as I would go on that. I am essentially 100% sure that without the 2.5 years of stress I was under during my battle that I would not have these problems.

I feel terrible now that I haven't told my new provider about this. I didn't want to cause an unnecessary scare, for one because I keep getting diagnosed with panic attacks, for two, because the tests always come back normal, and the big one was that my cardiologist said that adderall had nothing to do with my problem and wasn't a risk. And that makes sense. My vitals have been good and normal for years while on adderall. From what I have read, the major risk factor is if adderall increases your blood pressure. My blood pressure has been good for years.

I was going to tell him about that time that I went to the ER, but on that appointment we got on a bunch of other topics and time ran out. I was diagnosed with panic attacks. I do not agree with this diagnosis and I think this last doctor just put that there to have something to write down.

I am hanging on to life by a thread. I am terrified of my situation getting worse, and I can't function without adderall.

Warmest Regards,

Clint Williams

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