



Leonard Clinton Williams III [REDACTED]@gmail.com>

Jul 12th, 2023, 9:19 PM

Re: Email for July 10th, 2023

To: "Division, Criminal (CRM)" <Criminal.Division@usdoj.gov>, civil.feedback@usdoj.gov

This letter is going to kill me. I think I'm at a week or maybe 6 days of working on it. Maybe 8 or 9 days. I am writing it in my Microsoft word iOS app. I bought that app so that I could write documents when I am not able to do stuff. A good portion of days, very often a majority of days, I can't do anything except lay on my bed and surf the internet and type messages on Facebook or Twitter.

With this app, instead of typing on Facebook or Twitter, I can use my phone or my tablet to type word documents. For some reason, it takes far less willpower to type on my phone or tablet than it does to type on my computer. It also has to do with my physical health, just a little. I have been so inactive for so long that I have trouble maintaining the posture to sit down.

I wish so bad that I could exercise. I wish that I had my own place and that I had my bowflex freeweights and that I could use them. My bowflex freeweights have been stolen, along with most of everything else I owned. I can't use them anyways, because of my brain injury. But I wish that I could somehow recover and be able to use them again. I would get another set.

Warmest Regards,

Clint Williams

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