



**Leonard Clinton Williams III [REDACTED]@gmail.com>**

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**Re: Email for July something, 2023**

**To:** "Division, Criminal (CRM)" <Criminal.Division@usdoj.gov>, civil.feedback@usdoj.gov

I used to be such a strong person. There is an ethos that is taught in self-help and self-development literature, about "find the strength within you", "claim your power over the situation you are facing", and similar things. This doesn't apply to me. There is very little strength to be found. I am broken because my brain is broken. Pep talks like this just hurt me, because they are a denial of and a belittling of the brutal reality that I face.

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Warmest Regards,

Clint Williams

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