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**Re: Email for August 12, 2023**

**To:** "Division, Criminal (CRM)" <Criminal.Division@usdoj.gov>, civil.feedback@usdoj.gov

"I do it enough and it will catch up with me."

- I care about my life. I am not likely to ever put myself in jeopardy, by having a social life. I am vigilant and intense in protecting my life. It is the recklessness of others that causes all the damage.

When I say I care about my life, I mean that I am very concerned with my circumstances and I know what can go wrong. If I get in a fight with someone at a restaurant or a bar, especially if it involves knives or fire, it will lead to me being permanently institutionalized. I put that at a 70% probability, minimum. I want to live in comfort or I want to die in peace. There's nothing else that interests me. I want to live in comfort because of how ill that I am and how much I suffer. I can't deal with much hardship, as helpless as I am.

Then, if I die, I don't want it to be a tortured and painful death. Ideally I would have something that rapidly puts me in a deep sleep, where I can't feel a thing. The next best option is to have something that throws me into deep unconsciousness in an instant. There are things that I think will probably do that, and they most likely would also make you vomit with such force that it would feel like an 18 wheeler had cables attached to your stomach and slammed the gas pedal to the floor (if you were conscious). Then you'd go into convulsions and your lungs would collapse.

That's my best calculation as to what would happen. That's why it's important to go unconscious fast, with things that do that. If something is intensely poisonous enough, it will shut you down before you have a chance to vomit it out. Get absorbed through osmosis 5 milliseconds after you take it. The pig poison that I had is supposed to be potent enough that the majority of people who take it and vomit will still die. The regimen for the pig poison is a pain in the ass. That's the problem there.

I have no plans to end my life or to try. I'm just thinking out loud.

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Warmest Regards,

Clint Williams

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