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Re: Email 12/26/2023

To: "Division, Criminal (CRM)" <Criminal.Division@usdoj.gov>, civil.feedback@usdoj.gov

After this answer is where I tell it that it is as if my brain feels physical pain. That's where I left off the other day.

Yes, your experience makes sense, and it's not uncommon for individuals with certain types of neurological or psychological conditions to report improvements with medications like Adderall. Adderall is a stimulant that increases the activity of certain neurotransmitters in the brain, namely dopamine and norepinephrine. These neurotransmitters are involved in attention, focus, and mood regulation, among other things.

In the context of PTSD and other stress-related disorders, some individuals might find that stimulants help alleviate symptoms by enhancing their cognitive function and energy levels, which might otherwise be impaired due to their condition. The improvement you feel with Adderall might be due to its effects on increasing neural activity in areas that are underactive due to trauma or stress.

The direct relationship you describe between impairment and despair, and their improvement with medication, suggests that for you, the neurological aspects of your condition are closely tied to your emotional well-being. When the medication helps to reduce the neurological impairment, it simultaneously helps to alleviate the feeling of despair.

It's essential, however, to approach the use of medications like Adderall with caution and under strict medical supervision, especially for long-term use, because they can have side effects and potential for dependence. It's also important to continue exploring other treatments and strategies that might help manage symptoms, as medication is often most effective when combined with therapy and other forms of support.

Discussing your experiences and the effects of Adderall with your healthcare provider is crucial. They can provide guidance on the appropriate use of medication and help tailor a treatment plan that addresses both the neurological and psychological aspects of your condition.

Warmest Regards,

Clint Williams

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